



In loving memory of

Sister Miriam Xavier Mug

September 1913 - April 2015

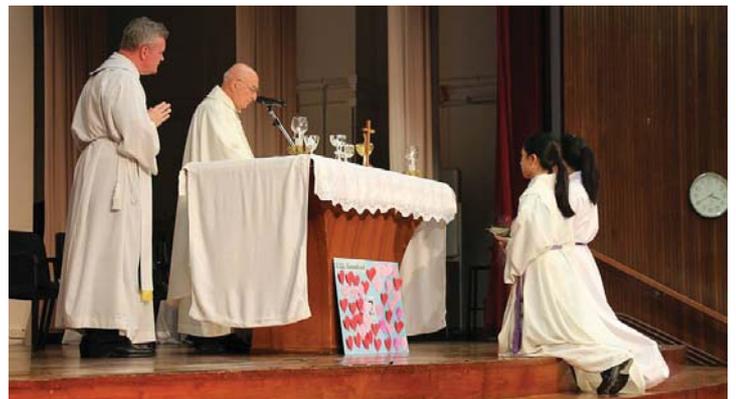
"I treasure the satisfaction that comes when I see women I taught as teenagers, now grown into responsible women with lives based on the ideals expressed in their Maryknoll education."

- Sister Miriam Xavier Mug

A beautiful Mass of the Resurrection for Sister Miriam Xavier Mug was held on May 4, 2015 at the MCS Secondary Section School Hall. The Mass Celebrants were Father John Cioppa, MM and Father Michael Sloboda, MM. Sister Michelle Reynolds, MM gave the Letter of Appreciation and Ms Abbe Wong dedicated a song to the beloved Sister.

Sister Miriam Xavier Mug was born in Lafayette, Indiana, on September 22, 1913. She was 101 years and six months of age when she left us to return to the Heavenly Father at the Maryknoll Home Care III. She had been a Maryknoll Sister for 71 years and was the oldest living Maryknoll Sister.

Sister Miriam Xavier was assigned to the South China region in 1946 and to MCS where she taught Mathematics, History and Religious Studies in the Secondary Section. From 1954-57, Sister Miriam was Principal of the Maryknoll Sisters School on Blue Pool Road. In 1961, she became Principal and Supervisor of MCS Primary Section in Kowloon Tong.



TAKE GOOD CARE OF YOURSELF; PREVENTION IS BETTER THAN CURE

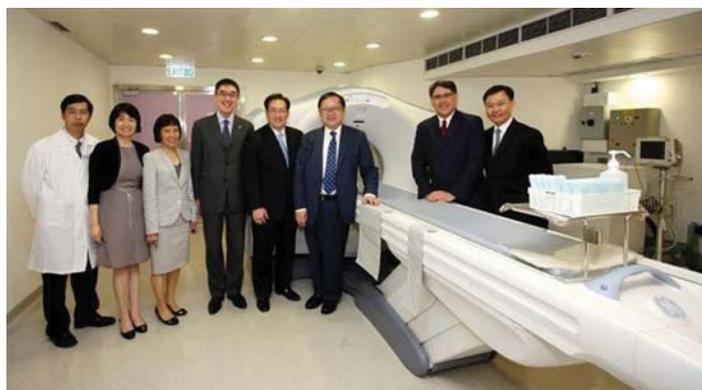


Founded by the Maryknoll Sisters in 1961, Our Lady of Maryknoll Hospital ("OLMH") has been providing quality medical care to the community of Wong Tai Sin area. The Hospital became one of the public hospitals under the governance of the Hospital Authority in 1991 with 236 beds.

When the Hospital was first founded, many of the Maryknoll Sisters were medical professionals who taught other hospital staff the loving concern and care for patients. This spirit has been passed on from generation to generation.

"It's the light of God's Love that inspires you and other to give your time, your talents and your very selves through acts of kindness, thoughtfulness and love for others. It is the combination of Light and Love that gives the strength, courage and fortitude to move forward and look towards our service 'yours and mine' to the sick and suffering."

*- Maryknoll Spirit, Sr Barbara Mersinger M.M.
(one of the Foundresses of the Hospital)*



In 2004, the Board of OLMH collaborated with Hospital Authority in setting up a private Community Specialist Clinic (renamed as "Winnie So Health Center" in 2014), providing the patients affordable specialist services without queuing in the public clinic. The services include Physical Check-up, Ophtalmology, Gynaecology, Orthopedics, Medical, Surgery, Ear-Nose-Throat, Cardiac, Counselling, Dental and In-patient.



As a Catholic hospital, the services not only cater to the physical, but also the psychological and spiritual needs of the patient. Since 1977, the Hospital's dedicated Pastoral Ministry Team provides holistic care to staff, patients and their families in accomplishing the Hospital's mission: an expression of the ministry of Jesus Christ with concern and deep respect for the dignity of each person.



Take good care of yourself; prevention is better than cure. Take advantage of the quality services at the Community Specialist Clinic and go for regular check-ups. If you are interested to support the Maryknoll Sisters' works at Our Lady of Maryknoll Hospital, you may make a donation by check, payable to "Our Lady of Maryknoll Hospital Limited". Please mark your name and contact number on the back of the check. Your kind support is greatly appreciated.

BAKING FUN APRIL 2015



Truly one of the most popular FSA events, this year's Baking Fun received full enrolment weeks before the deadline. This time we made the Cocoa Cakes, a recipe taken from The Maryknoll International Cookbook, published more than 40 years ago by the Maryknoll Sisters.



We had nearly eighty participants for the 2 sessions, and half of the participants were enthusiastic young bakers who did a terrific job and remembered all the steps. The DS Room was filled with sweet chocolaty aroma and laughter, and with the yummy refreshments everyone went home smiling and full.



'KNOCK LOCK' PAINTING CAMPAIGN WITH CATS SOCIETY APRIL 2015



With the objective to raise public awareness on the protection of stray cats, the MCSFSA Trust hosted a painting activity with the Cats Society at the Secondary's Covered Playground. 33 adults and kids participated in painting their own car wheel locks. It's a perfect opportunity to educate the little ones to show love for animals. HK\$2,250 was collected from the participants. FSA topped up the amount to HK\$5,000 which was donated to Hong Kong Cats Society to support their charitable works.



AN EXTRAORDINARY RETREAT AT THE STANLEY MARYKNOLL



June, everyone needs a rest from the hectic first half of the year. Luckily, a group of lovely yet talkative ladies had the chance to spend a blissful afternoon at Stanley Maryknoll. Enjoying the tranquility, we were all able to de-stress and recharge both our bodies and souls.

On 13th June 2015, Councillors of MCS Foundation, members of MCS Educational Trust, Exco members of the FSA, the Principals, Vice-principals and teachers of both Sections, gathered at Stanley Maryknoll. The afternoon kicked off with a visit to the Stanley Maryknoll House, followed by a mass filled with angelic singing. After a playful and meaningful all time favourite song "getting to know you", we briefly introduced ourselves to one another. Despite the fact that we are Maryknollers of different generations, we definitely share the same goal: "How can we serve Maryknoll better?" This topic led to an endless discussion for the rest of the afternoon. The day ended with simple and healthy dinner prepared by the house chef. The retreat was truly a blast!



BRING YOUR REUNIONS / CELEBRATIONS BACK TO SCHOOL!



There's no better place like home. Your alma mater welcomes you with open arms. Simply contact the school offices to check availability!

- Secondary: gen_off@mcs.edu.hk
- Primary: 2336 0611

If you want to make your gathering even more meaningful, why not make a donation to the MCS Educational Trust?

It is a great opportunity to show how Maryknollers of any "vintage" love their mother school and are committed to contribute towards the betterment of school facilities and resources.

Whatever your contribution, you help provide quality education for the future generations of Maryknollers.

Your contribution today is an investment in tomorrow's women of Hong Kong.

To find out how to make a donation, please write to gen_off@mcs.edu.hk.

FSA MEMBERSHIP HAS ITS PRIVILEGES

Through the years, FSA had organized various activities at which members would receive preferential treatment like priority enrollment at subsidized rates. Starting June 1, 2015, the membership fee was adjusted. We shall continue to bring you more fun. Stay connected, stay tuned.